

The Art of Acting and Creating

The Michael Chekhov Technique in Practice

A European Training Programme

Module II:

European Michael Chekhov Workshop

The Space of Creativity: Creative Individuality – Atmosphere – Play

14 - 18 October 2009

Hamburg (Germany)

In the creative process we are looking for a balance between **focus and inspiration**.

Wild inspiration is useless unless it finds a focus. At the same time too much focus and restriction to the options can kill the inspiration. The balance is delicate. We will try to find out how much personal space is needed to find this balance. Improvisations will help us examine our sense of playfulness and we will explore the precise actions we can take on the path of creativity.

Furthermore we will explore **the space and the world of a given play**. What happens when we really dive into the writer's world and allow ourselves to be surprised by its specific dynamics, energy, language and space?

Michael Chekhov's concepts of "Atmosphere" ("the soul of every piece of art") and "The Sense of Ease, Form, Beauty and the Whole" ("the four brothers") will guide us through this exploration.

We will work on

- Space • Playfulness • Objective Atmosphere • Personal Atmosphere • Higher Self • Sense of Ease • Sense of Form • Sense of Beauty • Sense of the Whole
- Improvisation • Text

Please

- be prepared to learn some text from a play. The play and selected scenes will be announced ca.2 weeks before the workshop starts.
- bring one practical working question related to the subject as a guideline for you and us to work with.

European Michael Chekhov Workshop
THE SPACE OF CREATIVITY:
CREATIVE INDIVIDUALITY – ATMOSPHERE – PLAY
(Module II of “The Art of Acting and Creating” training programme)
14 - 18 October 2009 in Hamburg (Germany)

GENERAL INFORMATION

Date: Wednesday 14 October – Sunday 18 October 2009
from 10.00h – 17.30h (incl. 1 hour break) / Sunday: 10.00h – 15.00h

Faculty: Jesper Michelsen, Glad Teater Copenhagen
Soledad Garre, Real Escuela Superior de Arte Dramático, Madrid
Ulrich Meyer-Horsch, Michael Chekhov Schauspielstudio Hamburg

Office: Michael Chekhov Schauspielstudio Hamburg
Arnoldstrasse 77, 22763 Hamburg, Germany
(10 min. walk from Altona train station)
+49 40 394964; +49 177 3165375

Working space: Freie Schauspielschule Hamburg
Wandalenweg 28 (near Berliner Tor)
Public transport:
S3 to Hammerbrook
or U2 / U3 / S1 / S2 to Berliner Tor

Working language: English / Participants can act in their own language

Costs: € 380,--
Housing and food is not included (see below)

CONTACT

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+49 177 3165375 (mobile)

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www.michaelchekhoveurope.eu

HOW TO GET TO HAMBURG

By train

There are good train connections to many European cities.

If you want to go directly to the working space: Get off at Hauptbahnhof (main station) and take public transport to Berliner Tor or Hammerbrook.

If you want to go to the Studio/Office: Get off at Altona station. From [there you take Bus Nr.15 to Othmarschen / Klein Flottbek](#) and [get off](#) after 3 stops ([Fischers Allee](#)).
[Alternative: 10 min. walk from Altona S-Bahn station.](#)

From [Hamburg Airport \(Fuhlsbüttel\)](#):

From the Airport you can take the [S-Bahn](#) to get to Hauptbahnhof (main station) or [Altona](#) station ([S1 / S11](#) to [Wedel or Blankenese](#)).

From [Hamburg-Lübeck Airport \(Blankensee\)](#):

Ryanair (cheap flights) www.ryanair.com / www.flughafen-luebeck.net

[There is a shuttle bus which will take you from Lübeck Airport to Hamburg Hauptbahnhof \(main station\).](#)

From [there you](#) can [take](#) any [S-Bahn to Altona](#) station or Berliner Tor.

Good idea is to have your mobiles with you and send SMS whenever needed to **+49 177 3165375** (Uli).

THE CITY

www.hamburg-tourism.de

www.hamburg.de

www.hafen-hamburg.de

ACCOMODATION

Please let us know if you need help to find accommodation.

Hostel:

from 19 € per night

www.schanzenstern.de

www.instantsleep.de

www.hostels.com/hamburg

Accommodation in the house of another participant (or studio):

12 € per night

- Sleeping on the floor with your own sleeping bag!

- Only available if we know 3 weeks in advance!

Bed & Breakfast:

ca. 25–30 € per night

Hotel:

from 40 € per night

www.hamburg-tourism.de

www.hamburg.de

www.Hotelreservierung.de/Hamburg

EATING in Hamburg

There are many cafes, restaurants and shops in the area.

You can pay in Euro, credit card and maestro card (ec-card).

Smaller places will accept only cash.

HOW TO APPLY

Please fill in the application form (see last page) and send it by mail to:

Michael Chekhov Europe e.V.
Ulrich Meyer-Horsch
Arnoldstrasse 77
22763 Hamburg
Germany

or fax it to the following number: +49 40 18032347

Payment to:

Michael Chekhov Europe e.V.
Address: c/o Hanna Linde,
Hartmann Ibachstr. 65, D-60389 Frankfurt
Bank: Sparkasse Langen-Seligenstadt
Account number:
IBAN: DE34 5065 2124 0036 1188 18
BIC: HELADEF1SLS
Mentioning 'AAC Hamburg 2009'

Applications will be registered once the application form has been returned and the fee is paid.

Your place will be confirmed by mail as soon as possible thereafter. Your application is definite and irrevocable. The fee is non-refundable, unless someone else fills your place (for example from a possible waiting list). In that case there will be an administrative charge of € 25, - (+ € 12 bank costs for payments from non-EU countries).

Not later than 14 days before the workshop begins you will be sent further details concerning the training, the chosen play and practical matters. You will be given a receipt of your payment upon arrival.

All details are subject to change.

APPLICATION FORM

EUROPEAN MICHAEL CHEKHOV WORKSHOP OCTOBER 2009
THE SPACE OF CREATIVITY: CREATIVE INDIVIDUALITY – ATMOSPHERE – PLAY

Name: Age

Address:

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City: Postal code:

Country:

Phone: Fax:

E-mail:

Education / artistic experience:

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Experience in the Michael Chekhov Technique:

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I wish to register for the

European Michael Chekhov Workshop
THE SPACE OF CREATIVITY: CREATIVE INDIVIDUALITY – ATMOSPHERE – PLAY
(Module II of “The Art of Acting and Creating” training programme)
14 – 18 October 2009 in Hamburg (Germany)

I shall pay **€ 380,-** to the following account:

Michael Chekhov Europe e.V.

Address: c/o Hanna Linde, Hartmann Ibachstr. 65, D-60389 Frankfurt

Bank: Sparkasse Langen-Seligenstadt

Account number: IBAN: DE34 5065 2124 0036 1188 18. BIC: HELADEF1SLS

Mentioning ‘AAC Hamburg 2009’

I accept that I have to take care of my insurances, because MCE will not insure participants.

I wish to receive accommodation assistance. I do not need accommodation assistance.
(please tick!)

Date: Signature:

Please send this form to

Ulrich Meyer-Horsch, Arnoldstrasse 77, 22763 Hamburg, Germany

or fax it to the following number: +49 (0)40 18032347